

Dog bite injuries in the USA: prevalence, correlates and recent trends

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ABSTRACT

Dog bite-related injuries are associated with high medical costs. The aim of this study was to estimate the prevalence, correlates and recent trends in dog bite injuries among male and female individuals presenting to US emergency departments. The prevalence of dog bites was calculated for years 2010–2014 using the Nationwide Emergency Department Sample. Sex-stratified multivariate logistic regression analyses were conducted with 'dog bite' as the dependent variable and patient and hospital characteristics as independent variables. Overall, the prevalence of dog bite injuries decreased from 2010 to 2014. The prevalence is highest in this sample among male youth. Male individuals diagnosed with an externalising behaviour disorder were more likely to present with a dog bite (OR=1.21, 95% CI 1.27 to 1.30). While the prevalence of dog bites has decreased in recent years, this costly and largely preventable injury remains a concern, especially among youth.

INTRODUCTION

Approximately 36% of households in the USA have at least one dog.¹ Dog bites account for a majority of animal bites in the USA² and are most likely to involve a dog in the home or one known to the family.³ Dog bite-related injuries are associated with high medical costs. A significant number of individuals presenting to hospital emergency departments (ED) for dog bite injuries are hospitalised, requiring surgical procedures and extended pharmaceutical treatment.⁴ It is estimated that the annual cost of dog bites is approximately \$165 million.⁵ Complications associated with these injuries include nerve damage, pain, infection^{1 6 7} and death.^{8 9}

Research into the incidence of dog bites consistently finds that the rate of dog bite injuries is higher among children, especially boys aged 5–9 years.^{10 11} From 2005 to 2009, the estimated average annual injury rate of non-fatal dog bites treated in US EDs was 107.2 per 100 000 population, with boys accounting for 53% of the injuries and the highest rates observed among children ages 5–9 years.¹⁰ The increased prevalence among children is especially troubling given that this population appears to have the highest rates of serious injury from dog bites.^{12 13} Multiple studies investigating fatal dog bites find that the majority of victims are children.^{8 9}

An examination of recent trends in dog bite injuries as well as victim characteristics provides an empirical basis for focused prevention and intervention efforts. While some surveillance efforts were conducted at the national level in the past, the

majority of current research in this area is conducted outside of the USA or with state-specific samples.^{6 14} Previous research suggests that the use of ED data is an economical and sustainable approach to surveillance of dog bite injuries in the USA,¹⁴ especially when examining trends over time. The current study uses population-based, cross-sectional data from the Nationwide Emergency Department Sample (NEDS) to examine the prevalence, correlates and recent trends in dog bite injuries among male and female individuals presenting to US EDs between 2010 and 2015.

METHODS

This study employed data from the 2010–2015 NEDS from the Healthcare Cost and Utilization Project (HCUP) distributed by the US Department of Health and Human Services Agency for Healthcare Research and Quality (AHRQ).¹⁵ The NEDS sampling frame is limited to hospital-owned EDs in the 34 states and District of Columbia for which HCUP ED data are available through the State Inpatient Databases (patients initially seen in the ED and admitted to the same hospital) and State Emergency Department Databases (ED visits that are not admitted to the same hospital). Sample stratification was based on geographical region, trauma centre designation, urban–rural location of the hospital, teaching hospitals and hospital ownership. The NEDS contains data on approximately 31 million hospital-based ED visits from 953 hospitals, approximating a 20% stratified sample of US hospital-owned EDs. The HCUP provides hospital and discharge weights to calculate national estimates of approximately 143 ED visits. The data contain demographic information including hospital and patient characteristics, geographical region and reason for ED visit, as well as ED charge information.

While the study used data from 2010 to 2015, the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM) became effective on 1 October 2015, and therefore patients discharged after this time were excluded from the analytic sample to ensure comparable measurement of dog bites from 2010 to 2015 (quarters 1 through 3).

Dog bite

For 2010 through quarter 3 of 2015 (discharges from 1 January 2015 to 30 September 2015), ED discharges with the primary ICD-9-CM external cause of injury code (ECODE1) of E906.0 (dog bite) were identified as a dog bite discharge.



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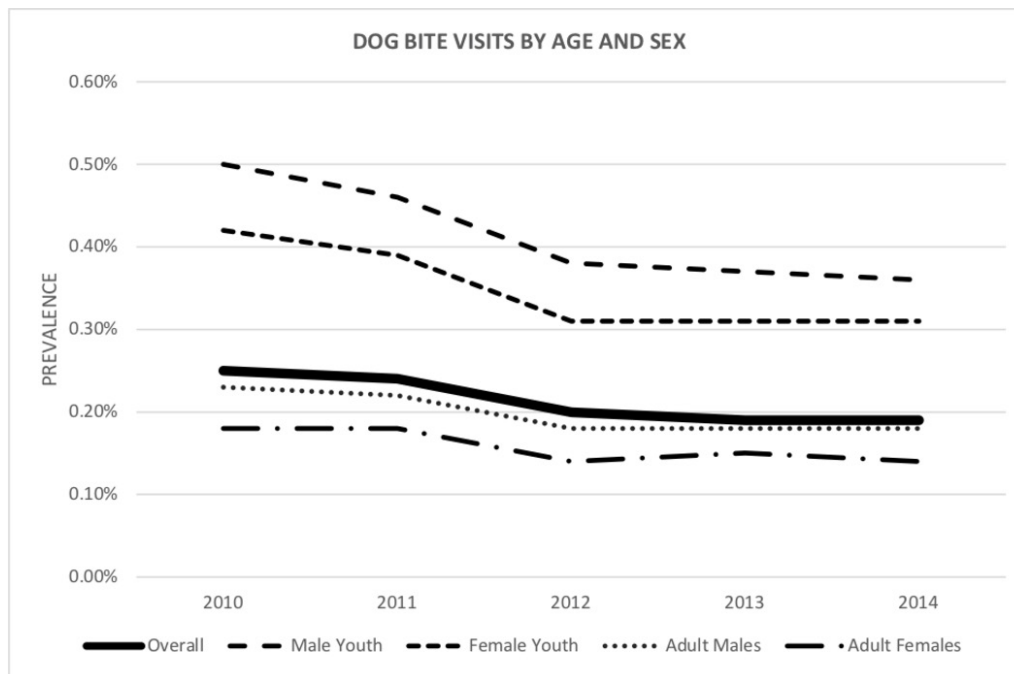


Figure 1 Prevalence estimates for dog bite injuries among US emergency department discharges: by age and sex.

Hospital and patient covariates

Patient characteristics included sex, age in years (<18, 18–25, 26–35, 36–50 and >50), median household socioeconomic status in quartiles designated by the patient's zip code, primary payer (Medicare, Medicaid, private insurance, self-pay, no charge, and others including worker's compensation, Civilian Health and Medical Program of the Uniformed Services, Civilian Health and Medical Program of the Department of Veterans Affairs, Title V, and other government programmes) and admission day (Monday–Friday or Saturday–Sunday). Hospitals were characterised by region (West, Northeast, Midwest or South). Additionally, the ICD-9-CM clinical classification category codes (DXCCS1-DXCCS15) developed by the AHRQ to cluster patient diagnoses were used to identify patients diagnosed with attention-deficit, conduct and disruptive behaviour disorders (code 652), and examined as a dichotomous independent variable (0=no diagnosis, 1=diagnosis).

Statistical analysis

After identifying dog bite cases for 2010–2015 ($n=372\ 597$), random sampling (10% of non-dog bite cases) was used to identify non-dog bite discharges ($n=3\ 433\ 285$) for comparison purposes. The use of random sampling is common for this data source due to the intense computation demands of working with such a large number of cases.¹⁶ Following sample identification, the prevalence of dog bites was calculated for years 2010–2014. Due to the coding change occurring in the fourth quarter of 2015, prevalence estimates for this year were not comparable with the previous years and eliminated from the trend analysis. Data for 2015 were excluded from prevalence estimates due to the coding change occurring in the fourth quarter. Sex-stratified multivariate logistic regression analyses were conducted with 'dog bite' as the dependent variable and patient and hospital characteristics as independent variables. Analyses accounted for the single-stage cluster sampling design specific to the NEDS using Stata's *svy* commands, with the hospital and discharge weight variables provided by the HCUP (Stata Corp, 2015).

RESULTS

Trends in prevalence of dog bite injuries admitted to the ED

Figure 1 displays the prevalence estimates of dog bite injuries admitted to the ED among youth (age <18) and adults (age ≥18) by sex. Overall, the prevalence of dog bite injuries decreased from 0.25% in 2010 to 0.19% in 2014. For each year, the prevalence of dog bite injuries is highest among youth, with male youth consistently having the highest prevalence and adult women with the lowest prevalence compared with the other age/sex groups each year.

Characteristics of dog bite victims

Table 1 presents the demographic characteristics of dog bite victims admitted to the ED stratified by sex. For both male and female individuals, the odds of a dog bite injury were highest for the youngest age group (male: <18, OR=2.96, 95% CI 2.87 to 3.05; female: <18, OR=2.41, 95% CI 2.34 to 2.48), patients admitted on a weekend (male: OR=1.28, 95% CI 1.27 to 1.30; female: OR=1.27, 95% CI 1.25 to 1.28), those using a non-Medicare insurance as their primary payer, patients admitted to hospitals in the Northeast (male: OR=1.27, 95% CI 1.18 to 1.37; female: OR=1.47, 95% CI 1.36 to 1.58) and patients residing in a zip code with a higher median household income (76th–100th percentile, male: OR=1.20, 95% CI 1.16 to 1.25; female: OR=1.59, 95% CI 1.53 to 1.65). For age, the association with dog bites was stronger among male individuals. Boys younger than 18 were three times more likely (OR=2.96, 95% CI 2.87 to 3.05) than adults over the age of 50 years to experience a dog bite, and men 18–25 were twice as likely (OR=1.98, 95% CI 1.93 to 2.03). Girls younger than 18 were 2.41 times more likely (95% CI 2.34 to 2.48) to have a dog bite injury than adults over the age of 50, and women ages 18–25 were only 1.09 times as likely (95% CI 1.07 to 1.12). Similarly, a diagnosis of an externalising behaviour disorder (attention-deficit, conduct and/or disruptive behaviour disorder) was significantly related to dog bites among male individuals

Table 1 Demographic characteristics of dog bite victims compared with non-dog bite victims according to sex

	OR	95% CI	P values	OR	95% CI	P values
Age (years)						
>50 (M=536 976; F=675 483)	Reference			Reference		
36–50 (M=319 934; F=395 511)	1.55	1.51 to 1.58	<0.001	1.32	1.29 to 1.34	<0.001
26–35 (M=233 732; F=333 774)	1.81	1.77 to 1.85	<0.001	1.04	1.02 to 1.06	<0.001
18–25 (M=195 044; F=302 727)	1.98	1.93 to 2.03	<0.001	1.09	1.07 to 1.12	<0.001
<18 (M=429 791; F=382 530)	2.96	2.87 to 3.05	<0.001	2.41	2.34 to 2.48	<0.001
Primary payer						
Medicare (M=338 444; F=456 338)	Reference			Reference		
Medicaid (M=448 215; F=642 329)	2.57	2.49 to 2.64	<0.001	1.61	1.57 to 1.65	<0.001
Private insurance (M=501 294; F=606 859)	3.06	2.98 to 2.13	<0.001	2.73	2.66 to 2.79	<0.001
Self-pay (M=309 928; F=279 887)	2.69	2.59 to 2.79	<0.001	1.98	1.92 to 2.04	<0.001
No charge (M=12 888; F=12 358)	2.03	1.87 to 2.20	<0.001	1.63	1.49 to 1.78	<0.001
Other (M=100 232; F=87 865)	3.39	3.25 to 3.54	<0.001	3.19	3.04 to 3.35	<0.001
Externalising behaviour						
No diagnosis (M=1 700 999; F=2 080 818)	Reference			Reference		
Diagnosis (M=14 537; F=9278)	1.21	1.14 to 1.29	<0.001	1.00	0.92 to 1.09	0.979
Admission day						
Monday–Friday (M=1 215 274; F=1 489 682)	Reference			Reference		
Saturday–Sunday (M=499 801; F=600 093)	1.28	1.27 to 1.30	<0.001	1.27	1.25 to 1.28	<0.001
Region of hospital						
West (M=323 194; F=376 375)	Reference			Reference		
Northeast (M=324 384; F=372 785)	1.27	1.18 to 1.37	<0.001	1.47	1.36 to 1.58	<0.001
Midwest (M=346 276; F=425 434)	1.14	1.05 to 1.24	0.002	1.15	1.06 to 1.25	<0.001
South (M=721 682; F=915 502)	1.23	1.15 to 1.31	<0.001	1.16	1.08 to 1.24	<0.001
Median household income for zip code						
0–25th percentile (M=562 869; F=699 015)	Reference			Reference		
26th–50th percentile (M=445 038; F=551 726)	1.07	1.05 to 1.10	<0.001	1.19	1.16 to 1.22	<0.001
51st–75th percentile (M=375 737; F=459 147)	1.12	1.08 to 1.15	<0.001	1.30	1.26 to 1.34	<0.001
76th–100th percentile (M=293 006; F=341 933)	1.20	1.16 to 1.25	<0.001	1.59	1.53 to 1.65	<0.001

Externalising behaviour includes diagnosis for attention-deficit, conduct and disruptive behaviour disorders (code 652 for Clinical Classifications Software values 1–15).

Source: National Emergency Department Surveillance²⁶–2015 (Q1–Q3).

F, female; M, male.

(OR=1.21, 95% CI 1.27 to 1.30), but not among female individuals (OR=1.00, 95% CI 0.92 to 1.09).

DISCUSSION

Our findings indicate a decrease in dog bite injuries from 2010 to 2014. We observed age and sex differences in that the prevalence is higher among youth, especially male youth. Additionally, there was an association between diagnosis of a behaviour disorder and dog bites among male individuals, supporting recent research findings that patients diagnosed with attention-deficit hyperactivity disorder (ADHD) are at an elevated risk of dog bites and risk of postbite complications.¹⁷ The findings regarding dog bites, specifically, are consistent with previous studies indicating an increased risk of any injury among children diagnosed with externalising behavioural disorders.^{18–21} While these studies do not identify potential causal mechanisms involved in this relationship, the results of one study suggest that boys with ADHD associate risky behaviour with less severe consequences and report fewer methods for injury prevention compared with controls.¹⁹ Given that most dog-related injuries are linked to child-initiated interactions with dogs, future research should explore specific behaviours and additional symptoms of externalising behaviour disorders that may be associated with a greater risk for injury.

The absence of a significant association between externalising behaviour disorders and dog bites among female individuals is consistent with research finding that male individuals are more

likely to be diagnosed with these disorders, engage in externalising behaviours to a greater degree, and their behaviour disorder symptoms tend to be more severe than female individuals.^{22–24} This, coupled with the smaller sample size for female individuals, likely accounts for the relative lack of significance found among female individuals.

While the prevalence of dog bites has decreased in recent years, this costly and largely preventable injury remains a concern. Patronek and colleagues⁸ revealed that most of the incidents are characterised by preventable factors, including failure to neuter and owners' history of abuse or neglect of dogs involved in biting incidents, as well as the absence of able-bodied persons to intervene. Approximately 86% of dog-related injuries at home are triggered by child-initiated interactions with the dogs.²⁵ There are a number of recommended prevention practices easily employed by dog owners to reduce the risk of dog bites as well as prevent a bite from escalating.² Recent research suggests that video-based interventions targeting children ages 5–9 years may effectively increase their knowledge of dog bite prevention.²⁶

Study limitations

The results from the current study only represent victims of dog bite injuries presenting to the ED. The estimates suggest that only 10%–50% of dog bite injuries are reported.⁶ It is likely that there are significant differences between individuals who seek treatment for bites at the ED and those who seek treatment

elsewhere, if at all. Additionally, while data were pooled from 2010 through 2015, the NEDS data are cross-sectional and therefore limit our ability to draw causal inferences. Despite these limitations, the present study provides a useful examination of trends in dog bites in the US population.

What is already known on the subject

- ▶ Dog bites account for a majority of animal bites in the USA and are more likely to involve a dog in the home or one known to the family.
- ▶ Dog bite-related injuries are associated with high medical costs.
- ▶ The rate of dog bites is higher among children.

What this study adds

- ▶ Overall, the prevalence of dog bite injuries decreased from 2010 to 2014.
- ▶ The prevalence of dog bites is highest among youth, especially male youth.
- ▶ There was an association between diagnosis of a behaviour disorder and dog bites in male individuals.

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Competing interests None declared.

Patient consent Not required.

Ethics approval The NEDS is considered a 'limited dataset' under the HIPAA Privacy Rule and contains no direct patient identifiers; therefore, the current study did not require review from an institutional review board.

Provenance and peer review Not commissioned; externally peer reviewed.

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